



The Rosary Catholic Primary School

Jesus Christ, Son of Mary, Son of God is the centre of the Rosary community where we live, love and learn together.



Our Faith Journey

We are now in the holy season of Lent. Lent began last week on Ash Wednesday and started the 40 day period in which Catholics pray, fast, contemplate, engage in spiritual self-discipline and share with the poor and needy. It is a time of renewal of faith in preparation for Easter and when we as Catholics consider our own beliefs as well as helping those in need. Throughout Lent there will be opportunities for the children to raise money for children around the world as well as local charities. This year we are taking part in CAFOD's Big Walk as well as planning and organising charitable events as year groups. In undertaking this challenge we are walking in the footsteps of Christ to help those less fortunate than ourselves. This year is especially important as we continue as Pilgrims of Hope, building a better world and also because this year Ramadan falls during this same period.

As a community of faith we pray during this special time of renewal for hope to build a better world for all our brothers and sisters across the world.



Jesus took with him Peter and John and James and went up the mountain to pray. As he prayed, the appearance of his face was changed and his clothing became brilliant as lightning. Suddenly there were two men there talking to him; they were Moses and Elijah appearing in glory, and they were speaking of his passing over (his death, his resurrection and his ascension) which he was to accomplish in Jerusalem. Peter and his companions were heavy with sleep, but they kept awake and saw Jesus' glory and the two men standing with him. As Moses and Elijah were leaving, Peter said to Jesus, "Master, it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah." As he spoke, a cloud overshadowed them; and the disciples were afraid. Then a voice came from the cloud saying, "This is my Son, the Chosen One. Listen to him.

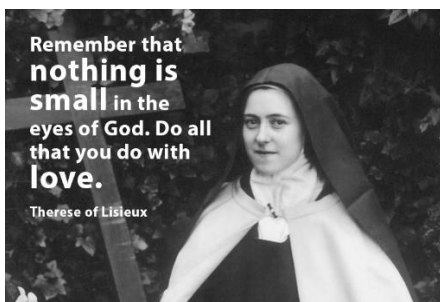
As we read the Gospel, we reflect on the image of Jesus in all his glory. The transfiguration points to the cross but also the glory of the Resurrection and most importantly we reflect on the words of God - 'listen to him.' If we listen to Jesus we will encounter the encouragement God offers to each of us.



As a school we are committed to living simply by answering the call for us to care for our common home and stand in solidarity with our sisters and brothers around the world.

We are delighted that this week we were assessed by a member of the CAFOD team and were successful in achieving the award. Mr Haddon saying, "The school is a lovely example of the Live Simply family." As part of the assessment a group of our pupils spoke eloquently about their work caring for creation and supporting charities both locally and globally.

Our work continues and this half term we are considering solidarity with the poor as the children look at how they can raise money for our different charities.



RE Challenge

During this season of Lent, our challenge is to consider what small change we can make each day and how we can do with love so as to make a difference in our local community and to our brothers and sisters around the world



Acts Of Kindness

During this Jubilee of Hope, we all continue to focus on acts of kindness. Our kindness ambassadors have enjoyed looking at the many different entries for the poetry competition. They were delighted with the number of children who entered the competition, sharing their ideas about kindness through prose. Winners will be announced as part of next week's assembly but we would like to share some examples of the quality of poems created.



Kindness is all around, at all times.

It is not simply a gesture, but a meaningful memory.

Without kindness in someone's life, they become miserable.

Whereas, when kindness is applied into a person's life

They become the happiest they can be.

With Kindness you become someone's safe comfort zone,

As a gentle smile can bring warmth towards another's heart;

Not making them feel alone.

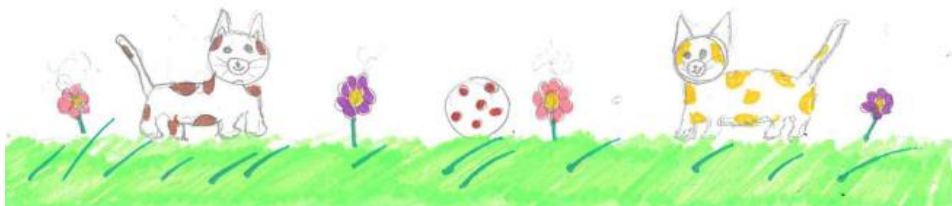
A simple act of kindness can make a person's day, turn dark into light.

For some this act may be the only reason keeping someone going,

Having them thinking about it till night.

Kindness is a beautiful thing,

As it ensures peace with the roles it brings.



Kindness is Key

To be kind,
You have to shine,
And then you will find a nice bind,
You will reach very far,
Never stopping before a bar,
And never falling in a separate jar.
You will always be binded no matter what,
And the friendship will never ever rot
or will never be heart-shot,
And it will always end, if it did,
in a lovely plot.



Salma Razlan. 4P

Belive in Kindness

Salma A
48



To Shine,

"You must have a reason to be kind,
To be a star,
its Not hard,

Just reach far and your friendship will Never be chared.
Then you will reach for the Stars,
Never stopping behind a bar,
Not ever falling in other jars
with distraction behind the stars.

"Kindness is understanding
that we all struggle"

Quote





The Rosary is proud to be recognised as a Rights Respecting School, as we work together to understand what it means for every child in our communities to enjoy their rights.

March Spotlight: Article of the week

In school we teach the children that rights are unconditional and inalienable, they cannot be taken away. However what does each right mean. Over the coming weeks we will be exploring what each of the rights mean including input from our own RRSA group.

During March, we reflect on World Book Day and take time to celebrate and share the books that we love reading. It is also a day to think about education and how this right enables us to grow as individuals so that we can follow our dreams.



Article 17 (access to information from the media) - Every child has the right to reliable information from a variety of sources, and governments should encourage the media to provide information that children can understand. Governments must help protect children from materials that could harm them.



Article 29 (goals of education) - Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures and the environment.



Article 31 (leisure, play and culture) - Every child has the right to relax, play and take part in a wide range of cultural and artistic activities.

Letters

We are more than happy to provide letters for parents to confirm attendance at school, but we are unable to produce straight away. There is a waiting time of up to 1 week. Please contact the office with details of the information required and the name of the agency and person requiring the information. Letters will be sent directly to the agency requiring them.

Aston Church Road closure, Washwood Heath, Birmingham- HS2 works

Aston Church Road Closure which will start from Saturday 5 October 2024 lasting approximately 14 months. This closure is to accommodate the arrival of HS2 in the area. These works include the demolition and reconstruction of Aston Church Road overbridge to carry the high speed train across the dual carriageway.

Information about the road closure can be accessed by clicking the link below:

[Aston Church Road toolkit - English](#)

[Aston Church Road toolkit - Urdu](#)

During the closure:

Aston Church Road will be closed in both directions to motorised traffic and a fully signed diversion will be in place. Access for pedestrians and cyclists will remain in place for the duration of the works. Bus services will not be diverted but may experience some delays. More information can be found at [//www.tfwm.org.uk/Washwood](http://www.tfwm.org.uk/Washwood) Heath
If you have any questions or need further assistance in sharing this information, please don't hesitate to contact us at behaviourchangehub@tfwm.org.uk. We're here to support you every step of the way.

Car Parking

Thank you to the parents who are using the mosque car park and walking the short distance to school. However we have parents who continue to park illegally, park on the pavement and allow children to get out at the crossing. Can I please ask that you consider all our families when you park, it is extremely difficult and dangerous for families to walk safely on the pavement at times. We have been in contact with the community police and have requested that traffic enforcers patrol the area at the start and end of the day. The safety of all members of our school community is our first priority.



As a school we believe in the importance of attendance and work closely with Birmingham LA and parents to ensure that all children are in school every day. Research has shown that absence disrupts the education of the individual pupil and the whole class. Children who do not attend regularly:

- do not achieve well in exams
- find it difficult to maintain friendships
- are more likely to become involved in crime
- miss out on opportunities in further education and the world of work?

February Attendance

Year 6C	97%	Year 6D	98%
Year 5D	95%	Year 5K	97%
Year 4O	95%	Year 4P	95%
Year 3M	98%	Year 3S	96%
Year 2L	92%	Year 2S	97%
Year 1H	93%	Year 1R	97%
Rec C	94%	Rec P	98%
Nur	86%	Total	96%

Well done to all those children and families who are in school on time every morning and a special mention to 6D, 3M AND RP with 98% attendance during February. Keep up the good work!

We have recently had a number of families contact us about leave in term time. As you already know a 2013 amendment to The Education (Pupil Registration) Regulations 2006, means that Head Teachers may no longer authorise leave during term time except where the circumstances are exceptional. This is in accordance with Birmingham Local Authority's 'Leave in Term Time Guidance.' If families choose to take leave in term time they may be subject to legal procedures.

A letter has been sent out explaining attendance procedures and I would ask that you read it carefully and consider the implications if you chose to take children out of school during term time. We are aware that families have been fined by Birmingham LA and this can be a significant amount of money and we do not want to see our families in this situation.

E –Safety Top Tips from Mr Yasir

Each week Mr Yasir will be sharing top tips for staying safe online. This week we are looking at mobile phones; when is the right time to get them and how can we ensure they are used safely.



We have been informed of an incident of an adult impersonating pupils on Snapchat. We therefore urge you to check your children's social media accounts and to screenshot, block and report any suspicious activity. Can we also remind you to check the recommended age limit of the social media that your child is accessing. Please read the document about Snapchat.

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

Edited date: 29/05/19

AGE RESTRICTION 13+

Snapchat is a photo sharing app for mobile phones and tablets. The app allows users to share images, videos and chat with friends through voice call or text message. Users can share images and videos directly to specific friends, or through a story shared with their entire friend list, which documents the previous 24 hours. In a study, Snapchat was ranked the 4th most negative app in terms of having an impact on young people's health and wellbeing, with children feeling that they can use the app Snapchat to "make you look pretty."

What parents need to know about SNAPCHAT

EXPOSING YOUR CHILD'S EXACT LOCATION

The 'Snap Map' lets you share your EXACT location in real-time through a map on the app. The user's location updates when the app has been opened on the device. There is a warning on the Snapchat website about uploading images and videos to 'Our Story' stating that "snaps you submit to 'Our Story' can still show up on the Map, no matter which location setting you choose!" When uploading to 'Our Story', your child's image or video could appear in 'Search results and Stories on or off Snapchat - today or in the future.'

SEXTING

While Snapchat's gimmick is that all photos, videos and text disappear eventually, users still have the capability to screenshot or record anything which has been sent to them. Users may sometimes forget that screenshotting is possible and send a compromising image or message to somebody who they think they trust. Due to 'Snaps' disappearing, users can even send a one-second photo or video). Snapchat has become the chosen platform for children and young people to send sexually explicit images or 'selfies'. Once a photo/video has been screenshotted, or recorded using another device or software, this can lead to further dangers, such as blackmail and cyberbullying.

It is illegal to make, possess, download, store and share sexual images, photos and videos of a person under the age of 18. This also includes any sexual images, photos and videos that a child may have taken of themselves. However, if a young person is found creating or sharing images, the police can choose to record that a crime has been committed, but taking formal action isn't in the public interest.

EXTRAS TO MAKE YOU STAY

Aside from taking photos and videos, Snapchat has other elements to keep users coming back for more. 'Snap Games' is a feature within the app where users can play minigames with others on their Friends list. The games function is easily accessed by tapping on the rocket button during a conversation. Another feature on the app is 'Snap Originals', which allows users to watch content created by Snapchat, celebrities and other accounts, including a mixture of comedy shows, dramas, news and more. These features are designed to encourage users to stay on the app, which may be quite addictive.

ADDICTIVE SNAPSTREAKS

'Snap Streaks' are gained when snaps have been sent back and forth consecutively between friends. The longer that snaps are sent between users, the longer the streak becomes. Furthermore, Snapchat rewards users who have achieved high Snap Streaks, by gifting emojis, adding incentives for users to keep the streaks. Children invest time into making their streaks as long as possible, which can put an incredible amount of pressure on both themselves and their friendships.

DAMAGE TO CONFIDENCE

Snapchat's selection of filters and lenses are seen as a great way to enhance your 'selfie game'. Although the filters are often created to promote entertainment and humour, using the 'beautify' filters on photos can set unrealistic expectations and create feelings of inadequacy. Children may strive for admiration and appreciation by sending these 'edited' photos to their friend list. Judging themselves against other users on the app might threaten their confidence or self-worth.

Top Tips for Parents

THE RISKS OF SEXTING

It can be slightly awkward talking about this topic with your child, but if it helps them protect themselves, it is worth it. Talk to them about the consequences of sexting and make sure that they're aware of the risks. Ensure your child knows that 'Snaps' can be screenshotted. Teach them that if they post anything potentially embarrassing or harmful (either of themselves or someone else) it can have severe consequences as the message, image or video can be shared further.

USE 'GHOST MODE'

We highly recommend enabling 'Ghost Mode' on the app so that your child's location will no longer be visible to anyone on the 'Snap Map'. To enable this, go onto the 'Snap Map' and tap the cog in the top-right corner. Here, change the setting to 'Ghost Mode'.

RESTRICT STORY VIEWS

Your child can add videos and images to their 'Story' throughout the day which will last for 24 hours. By default, anyone in a user's Friends list can see their story. We recommend checking the privacy settings to ensure that this has not been edited. This can simply be done in the app's settings under the 'Who Can View My Story' section. The options to choose from are 'My Friends', 'Everyone' or 'Custom'. We suggest that it is set to 'My Friends'.

REPORTING A STORY, LENS, FILTER, SNAP OR MESSAGE

If your child comes across inappropriate Snapchat content sent directly to them or in another person's story, advise them to report it immediately. This may include an inappropriate lens, filter, message or snap. To report an offensive lens, they should open the app and select the lens they want to report. An info button will appear above the lens. Click this, followed by the flag icon. This will send a report to Snapchat for further investigation. Reports can also be made on the Snapchat support website: support.snapchat.com.

HOW TO DELETE A MESSAGE

Advise your child never to send any negative messages (or images through gallery in the chat on the app) as screenshots can still be taken. You should also advise your child to screenshot any negative comments they receive as the sender can also delete them. To delete a message, simply press and hold the sent message and press delete.

TURN OFF 'QUICK ADD'

'Quick Add' helps friends find each other on the app. This is based on mutual friends or if their number is in their phone book. Explain to your child that this feature can open up their profile to strangers. We highly recommend that your child turns off the 'Quick Add' feature. This can be done in the settings.

www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety

Status of Mind: Social media and young people's mental health | Life in Libs - Children's Commissioners Report | Google Play Store | <https://support.snapchat.com/en-US> | <https://natsafety.net/snapchat-parent-review/> | BT.com | independent.co.uk

School Uniform

As a school we are committed to best value and are continually looking at how we can keep costs low for families. We subsidised uniform for a considerable period, absorbing the increased costs but have now had to increase the price of uniform. The new prices are detailed below. Please remember we do keep stocks of nearly new uniform for a nominal cost of £1.00 for each item.

Description	Current Price	January 2025 Price
Sweatshirt Crew neck Acrylic	£9.00	£10.25
Cardigan Acrylic Mix	£10.00	£11.25
Primary Backpack	£10.00	£11.00
PE T-Shirt	£4.95	£5.50

Times Tables Rock Stars

Well done to all the children who are taking part in our Times Table Rock Stars competition. A special mention to 4P with 90% of pupils playing during the last month.

Times Table Rockstars is a great app to use with the children as they learn their times tables in a fun and interactive way.

Every week we will celebrate the children who are successful - it may be that they are in the top 10 scorers, it may be most improved, it may be for certificates achieved.

If you need any further details please speak to your child's teacher.

Top Ten Scorers

1	Jazzy Keeling	6C
2	Johnnie J Hendrix	6D
3	Jojo Jean	5D
4	Strike Sulton	6C
5	Jacob Delp	5K
6	Travis Barrett	5D
7	Skip Volt	6C
8	Jordan Farmer	5D
9	Omeo Meek	5D
10	Kylie Bolam	6C

World Book Day

Last Thursday we had a wonderful day in school celebrating World Book Day. We took time to read and share stories and created some beautiful work that we have displayed in our library. We even had Granny Driver reading in Year 2!

Ask your child about the book they read as part of World Book Day and the activities they took part in.

We loved dressing up!



We listened to audio books and read a whole range of stories. We had lots of fun!



We did lots of activities throughout the day which included other teachers reading to us.

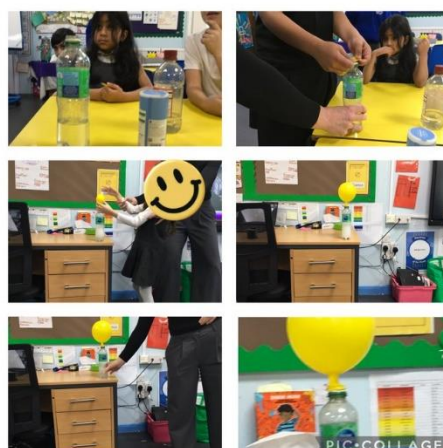
Science Week

This week we have been busy thinking about adaptation and change as part of our science week activities. It has been a busy week with visitors to school, teaching about carbon dioxide and water and the opportunity to develop our investigation skills. Please ask your child what they have learnt this week!



Disaster struck for the Three Billy Goats Gruff when their bridge was destroyed! Our Reception children have helped the billy goats to change and adapt. They worked in teams to create boats and rafts to help the goats reach the other side safely using their own materials and design.

Year 3 have investigated chemical reactions as part of British Science Week.



The children learning about the water cycle and how we can conserve water.



Around the Classes

It has been a busy month in the different classes.

Year 5

For Multicultural week, year 5 have been learning about Buddhism. They understand who the Buddha was and what beliefs he has instilled in Buddhism.



In Science, Year 5 are learning all about the properties of materials. This half term we will be focusing on carrying out scientific experiments to broaden our understanding.

On the Pilgrims of Hope Launch Day, Year 5 focused on praying for the sick. The children reflected on the Sacrament of the Sick and represented it beautifully in their artwork. Year 5 continue for Pope Francis who is very sick.

We travelled the world with the CBSO on Monday 10th February. What a magical experience!

We have made pledges to 'Live Simply'.

Year 3



Year 3 have loved reading Planet Omar; they have explored onomatopoeia which helps to add impact to the written words.

Nursery

As part of multi-cultural week, the Nursery children had the exciting opportunity to explore Catholicism, visiting the Rosary Church, where they participated in a baptismal service and learnt about the different artefacts. Fr Fanzwa kindly shared about his vocation and the important work he carries out within the church community. This hands-on experience provided the children with a deeper understanding of Catholic traditions and practices.



Year 6

As part of BSW, the children in Year 6 have enjoyed finding out about carbon monoxide.



Faith in Action

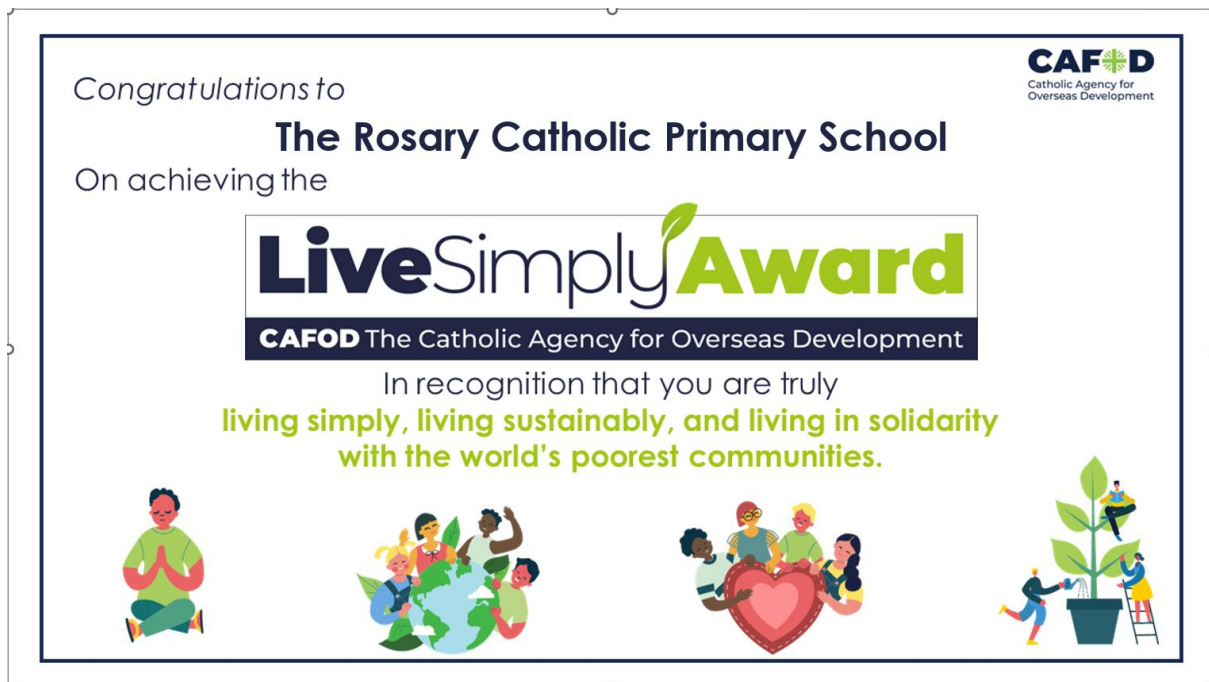
Our Faith Councillors have visited St Ambrose Barlow Dementia Café, making new friends as we continue our journey as pilgrims of hope. The children created gift bags with treats and messages of hope that they were able to share when they visited the group last Friday. The children are already planning their next trip.



We are delighted to share that we have now received our 'Bags of Hope.' These special bags will be going home with the children, and they will be able to fill it with their experiences as they fill their communities with hope!



Following our assessment this week, we are delighted to announce that we have been awarded the LiveSimply in recognition of our work living simply and sustainably and looking after our brothers and sisters.



Finally, as we continue our journey as Pilgrims of Hope during this Lent season, we have created our own Door of Hope with each child's promise included as part of Jubilee Pledge.



MONDAY 24TH FEBRUARY - FRIDAY 11TH APRIL

(PLEASE NOTE FRIDAY 11TH APRIL SCHOOL IS CLOSED FOR TEACHER TRAINING DAY)

EASTER BREAK

MONDAY 28TH APRIL - FRIDAY 23RD MAY

HALF TERM BREAK

MONDAY 2ND JUNE - MONDAY 21ST JULY

(PLEASE NOTE MONDAY 21ST JULY SCHOOL IS CLOSED FOR TEACHER TRAINING DAY)

Staffing Update

We are extremely sad to share the news that Miss Khatoon will leave us at the end of term to take up a new post as SENCO at Waverley School. Miss Khatoon has worked at the rosary School since she qualified as a teacher and during that time has been a dedicated teacher who has been an inspiration to the children in her care and her colleagues. Although we are sad to be losing her, we wish her the very best for her future and we look forward to welcoming her back in her new role.

Following the birth of her son, Mrs Price has been on maternity leave and will be returning on 31st March 2025. We will also welcome back Mrs Gough on 7th April following the birth of her son.

Website

The new Rosary website has been launched and will continue to be developed over the coming weeks. Please take time to visit the website and share your thoughts and ideas about this.

Sensory Workshop

Thank you to all the parents who attended the sensory workshop this morning. It was wonderful to see the wonderful turnout of parents working with the children. Check out our website for more pictures of the event.



Earrings

Can I please remind parents that children are only permitted to wear a small gold stud to school and these need to be removed for PE, in line with our Health and Safety policy. Thank you to all the parents who support school with this policy.

Contact Details

If any of your details have changed recently can we please ask that you contact the school office. This could be a change of address, or a change of phone number or perhaps a change in emergency contact details. We will then update our school records accordingly. If you wish to change the names of people on the pick-up list please contact the school office.

School Website

Please refer to the website to find out information about the school and events that are taking place in school. It is possible to sync the school calendar to your mobile phone.

Parking Arrangements

We have been fortunate to have secured arrangements to use the Mosque car park. The carpark will be open for parents to use from 8.30am until 9.15am each morning and from 2.45pm until 3.45pm every afternoon except Friday. Can we once again stress the importance of using this facility rather than parking on pavements, blocking gates and using the corner of roads. **DO NOT USE THE CHURCH CARPARK FOR PARKING.**

Once again we have a number of cars that are being parked in such a way that may endanger the lives of children including double parking. The police have issued a number of tickets to drivers and will continue to monitor parking and driving on Bridge Road. If you see anyone parking or driving dangerously you can take a picture and share on the website below.

<https://nextbase.co.uk/national-dash-cam-safety-portal/>

This can be used to prosecute drivers.

Free School Meals

If you feel your child is entitled to free school meals please contact Mrs Kennedy and she will do an online search. This will enable families to access HAF events free of charge during the holidays.

Play Equipment

Can I please remind parents that the play equipment is not for use at the end of the day especially by young children. Please keep your children with you and don't allow them to use as we do not have adults to supervise and there is a risk of accidents happening.

Early Help Offer

Please remember to visit our Early Help Offer on the school webpage where you will find information about the support we can offer as a school. If at any point you need additional support please see myself, Mrs Banks or any member of our pastoral team.

<https://www.rosaryrc.bham.sch.uk/early-help-offer/>

Safeguarding

If you have any concerns about a child please contact a member of our safeguarding team. Information can be found on our webpage.

<https://www.rosaryrc.bham.sch.uk/safeguarding/>

My Family Coach

There are times when we all need help with parenting. My Family Coach is a free online service with lots of videos and advice on how to support children at each stage of their development. Please take some time to view the resources available to support with the many challenges of

parenting. <https://www.myfamilycoach.com/>

Dates for the diary

Friday 14 th March	Sensory Workshop
	Year 2 trip to the Sealife Centre
Monday 17 th March	Fr Hudson's Assembly
	Y5 & 6 own clothes for pop and sweets
Tuesday 18 th March	ESPSFA League Football Matches
	Grand Iftaar (Y5 & 6)
	Brilliant Brushes working with Reception
Friday 21 st March	'We Can' Assembly
	Year 1 Lenten Fundraising Activity
	Year 6 (A & R) Fundraising Activity for Lent - All children to wear own clothes for a donation of £1.00
Tuesday 25 th March	KS2 Sports Festival
Wednesday 26 th March	ESPSFA Girls League
	Cake Sale for Lent Charities
Friday 28 th March	Year 1 Lenten Fundraising Activity
Friday 4 th April	Workshop 9.00 - 10.00
	Screen Time Finding the Right Balance (all parents)
	Sparkle for Lent
	Bright own clothes Golden time 1.30 - 2.30 £1.00 donation
Wednesday 9 th April	ESPSFA Girls League
Thursday 10 th April	Ensemble at Birmingham Conservatoire
Friday 11 th April	School closed for Easter holidays INSET day

The Rosary Catholic Primary School



You are warmly invited to our parent/ carer workshops based on:

'Screen time – finding the right balance'

Does your child love to spend time on a screen but struggle to stop? Do you sometimes wonder about the impact that screens may be having on your child?

Beacon School Support are running an interactive and informative workshop for parents/ carers on **Friday 4th April**

This session will run from **9 - 10 am** and is open to all parents/ carers who are interested in finding the right balance for their child when it comes to using screens.

There will also be time to speak to the behaviour consultant from **Beacon School Support** afterwards and ask any personal questions.

Refreshments will be available.

We look forward to seeing you.

My child gets angry when I ask them to come off their device. What can I do?

A blue speech bubble with a tail pointing towards the bottom right, containing the text above.

Birmingham School Health Support Service



**Birmingham
Community Healthcare**
NHS Foundation Trust

SCHOOL NURSE VIRTUAL DROP-IN CLINIC

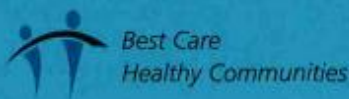
Every
Tuesday
and
Thursday
from
4:30-5:30pm



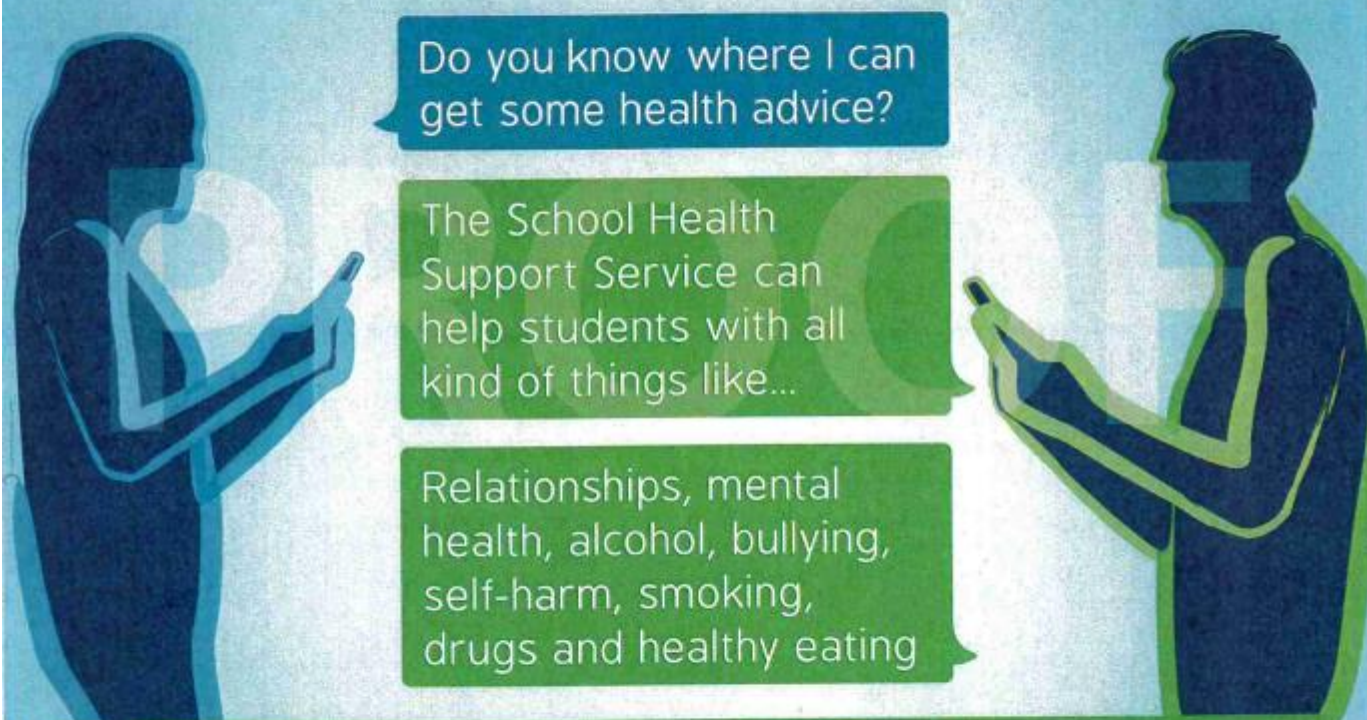
Your School Nurse is here to help you feel healthy, happy and safe during your school years and to get the best from your education.

Join the link and talk to a School Nurse. We provide a confidential and friendly service.

<https://nhs.vc/BCHC/C-F/Schl-Nurse/Drop-In>



ChatHealth



Do you know where I can get some health advice?

The School Health Support Service can help students with all kind of things like...

Relationships, mental health, alcohol, bullying, self-harm, smoking, drugs and healthy eating

Text the School Nurse
for confidential advice and
support on **07480635485**

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). Prevent the school nurse from sending messages to you by texting **STOP** to our number. Please respect your schools mobile phone policy. Messages are charged at your usual rate.

Information from Compass

Parent & Carer Drop-In Sessions



**A safe confidential space for
Parents/Carers to gain support &
guidance from Compass Birmingham.**



The drop-in will give you an opportunity to find out more about the support we can offer and have your questions answered.



When?

Every Tuesday 11-12:30pm
(8th October- 17th December 2024)

Where?

Sessions will be online and you can access it by scanning the QR code.

Please note: Time will be allocated on a first come first serve basis. You will be asked to wait but please know that the practitioner will be aware and will let you in as soon as its your turn.



Compass
Birmingham
Mental Health Support Teams

-  birminghamhst@compass-uk.org
-  0121 227 8254
-  www.compass-uk.org
-  Instagram: @compassbmhst
-  Facebook: @compassbirminghamMHST